

Black Maternal Health

Spirit Week

Our Black Maternal Health "Spirit Week" Activities

DAY 1 Friday, April 11

Pink Friday:

Standing In Solidarity.

Wear Pink To Raise Awareness And Show Your Support For Black Maternal Health. Join Our Kickoff Photo Wall!

DAY 2 Saturday, April 12

Self-Care Saturday:

Nourish The Nurturer.

Prioritize Your Wellness. Take Time For Rest, Healing, And Restoration.

DAY 3 Sunday, April 13

Know Your Rights:

Advocating For Respectful Care

Empower Yourself With Knowledge. Learn About Birth Rights And Patient Advocacy.

DAY 4 Monday, April 14

Teamwork Makes Birth Work:

Staff Appreciation Day /Baby Drive Launch.

Celebrate Our Maternal Health Heroes. Thank The Team That Supports, Nurtures, And Uplifts.

DAY 5 Tuesday, April 15

Stories & Gratitude:

Honoring The Journey.

Reflect, Journal And Share Stories Of Strength. Express Gratitude To Those Who Support The Maternal Health Journey.

DAY 6 Wednesday, April 16

Wellness Wednesday:

Mind, Body, Baby.

A Focus On Holistic Maternal Wellness—Mental, Physical, And Emotional Support For Moms And

DAY 7 Thursday, April 17

Black Maternal Health

Black Maternal Health Conference

Join Us For A Day Of Learning, Community, And Collaboration As We Close The Week With Action And Insight.



REGISTER NOW

Register: [2025 Maternal Health Conference](#) | [Care Ring](#)

