

Our Black Maternal Health "Spirit Week" Activities



Friday, April 11

Pink Friday:

Standing In Solidarity.

Wear Pink To Raise Awareness And Show Your Support For Black Maternal Health. Join Our Kickoff Photo Wall



Monday, April 14

Teamwork Makes Birth Work:

Staff Appreciation Day /Baby Drive Launch.

Celebrate Our Maternal Health Heroes. Thank The Team That Supports, Nurtures, And Uplifts.



Thursday, April 17

Black Maternal Health

Black Maternal Health Conference

Join Us For A Day Of Learning, Community, And Collaboration As We Close The Week With Action And Insight.



Saturday, April 12

Nourish The Nurturer.

Self-Care Saturday:

Prioritize Your Wellness. Take Time For Rest, Healing, And Restoration.



Stories & Gratitude:

Honoring The Journey.

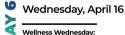
Reflect, Journal And Share Stories Of Strength. Express Gratitude To Those Who Support The Maternal Health Journey.

Sunday, April 13

Know Your Rights:

Advocating For Respectful Care

Empower Yourself With Knowledge. Learn About Birth Rights And Patient Advocacy.



Welliness Wednesda

Mind, Body, Baby.

A Focus On Holistic Maternal Wellness—Mental, Physical, And Emotional Support For Moms And

